

what's happening
THIS WEEK

Week of October 19 to October 23, 2026
Highlights



Monday



Breakfast Special: Moco Loco
Market Table: Pineapple Ham, Hawaiian Chicken
Coconut Rice, Sweet and Sour Eggplant, Vegetable Du Jour
Lunch Special: Fish Taco's with Mango Slaw
Pizza: Pepperoni Pinwheels, Spinach and Sundried Tomato Pinwheels
Chef Table: Chop Chop Salad



Tuesday



Breakfast Special: Mediterranean Eggs
Market Table: Chicken Souvlaki, Garlic Pork
Falafel, Lemon Parsley Rice, Feta Cherry Tomatoes
Lunch Special: Gyro's
Pizza: Pepperoni Pinwheels, Spinach and Sundried Tomato Pinwheels
Chef Table: Chop Chop Salad



Wednesday



Breakfast Special: Apple Cinnamon Pancakes
Market Table: Apple Chicken Sausage, Citrus Marinated Turkey
Apple Stuffing, Sweet Potato Mash, Roasted Butternut Squash
Lunch Special: Apple, Ham, Cheddar and Honey Mustardd Panini
Pizza: Pepperoni Pinwheels, Spinach and Sundried Tomato Pinwheels
Chef Table: Chop Chop Salad



Thursday



Breakfast Special: Johnny Cakes
Market Table: Smoked BBQ Chicken Thighs, Dry Rubbed Pork Ribs
BBQ Baked Beans, Cobb Corn, Gren Beans Almondine
Lunch Special: Southern Style Arancini
Pizza: Pepperoni Pinwheels, Spinach and Sundried Tomato Pinwheels
Chef Table: Chop Chop Salad



Friday

Breakfast Special: Beignets
Market Table: Cajun Chicken, Pork Andouille Sausage
Red Beans and Rice, Corn Bread, Roasted Okra
Lunch Special: Chicken and Waffles
Pizza: Pepperoni Pinwheels, Spinach and Sundried Tomato Pinwheels

SCAN TO LEARN MORE



THIS MONTH'S SUPERFOOD IS
WINTER SQUASH

FIBER
RICH

